Product Information

Aldolase Activity Colorimetric Assay Kit

Catalog Number MAK223
Storage Temperature –20 °C

TECHNICAL BULLETIN

Product Description
Aldolase (fructose-bisphosphate aldolase; EC 4.1.2.13) catalyzes the reversible conversion of fructose 1,6-bisphosphate to glyceraldehyde 3-phosphate and dihydroxyacetone phosphate. Three isoforms of aldolase (A, B, and C) are differentially expressed during development. Aldolases have been recognized as positive regulators of the Wnt signaling pathway. Deficiency of aldolases is associated with myopathy and hemolytic anemia.

The Aldolase Activity Colorimetric Assay Kit is a simple and high throughput assay for measuring aldolase activity in serum, plasma, and a variety of tissues and cells. Aldolase activity is determined by measuring a colorimetric product with absorbance at 450 nm (A_{450}) proportional to the enzymatic activity present. One unit of aldolase is the amount of enzyme that generates 1.0 µmole of NADH per minute at pH 7.2 at 37 °C.

Components
The kit is sufficient for 100 assays in 96 well plates.

- **Aldolase Assay Buffer**: 25 mL, Catalog Number MAK223A
- **Aldolase Substrate**: 1 vl, Catalog Number MAK223B
- **Aldolase Enzyme Mix**: 1 vl, Catalog Number MAK223C
- **Aldolase Developer**: 1 vl, Catalog Number MAK223D
- **NADH Standard**: 1 vl, Catalog Number MAK223E
- **Aldolase Positive Control**: 1 vl, Catalog Number MAK223F

Reagents and Equipment Required but Not Provided
- 96 well flat-bottom plate – It is recommended to use clear plates for colorimetric assays.
- Spectrophotometric multiwell plate reader

Precautions and Disclaimer
This product is for R&D use only, not for drug, household, or other uses. Please consult the Safety Data Sheet for information regarding hazards and safe handling practices.

Preparation Instructions
Briefly centrifuge vials before opening. Use ultrapure water for the preparation of reagents. To maintain reagent integrity, avoid repeated freeze/thaw cycles.

- **Aldolase Assay Buffer** – Store at –20 °C or 2–8 °C. Allow buffer to come to room temperature before use.
- **Aldolase Substrate** – Reconstitute with 220 µL of water. Mix by pipetting. Aliquot and store at –20 °C. Use within 2 months.
- **Aldolase Enzyme Mix** – Reconstitute with 220 µL of Aldolase Assay Buffer. Mix well by pipetting. Aliquot and store at –70 °C. Keep on ice during use. Use within 2 months.
- **Aldolase Developer** – Reconstitute with 220 µL of water. Mix well by pipetting. Aliquot and store at –20 °C. Use within 2 months.
- **NADH Standard** – Reconstitute with 400 µL of water to generate a 1.25 mM NADH Standard Solution. Aliquot and store at –20 °C. Keep on ice during use. Use within 2 months.
- **Aldolase Positive Control** – Reconstitute with 200 µL of water. Mix well by pipetting. Aliquot and store at –70 °C. Keep on ice during use. Use within 2 months.
Storage/Stability
The kit is shipped on wet ice and storage at –20 °C, protected from light, is recommended.

Procedure
All samples and standards should be run in duplicate.

NADH Standards for Colorimetric Detection
Add 0, 2, 4, 6, 8, and 10 µL of the 1.25 mM NADH Standard Solution into a 96 well plate, generating 0 (blank), 2.5, 5.0, 7.5, 10, and 12.5 nmole/well standards. Add Aldolase Assay Buffer to each well to bring the volume to 50 µL.

Sample Preparation
Serum and plasma samples may be assayed directly. Tissue samples (10 mg) or cells (1 × 10^6) can be homogenized in 100 µL of ice cold Aldolase Assay Buffer. Keep on ice for 10 minutes. Centrifuge the samples at 10,000 × g for 5 minutes to remove insoluble material. Transfer supernatant to a fresh tube.

Add 1–50 µL of the samples into duplicate wells. Bring samples to a final volume of 50 µL using Aldolase Assay Buffer.

Note: For unknown samples, it is suggested to test several sample dilutions to ensure the readings are within the linear range of the standard curve.

For samples exhibiting significant background, include a Sample Blank for each sample by omitting the Aldolase Substrate. The Sample Blank readings can then be subtracted from the sample readings.

For a positive control (optional), add 2–20 µL of the Aldolase Positive Control solution to the desired wells. Adjust the final volume to 50 µL with Aldolase Assay Buffer.

Assay Reaction
1. Set up Reaction Mixes according to the scheme in Table 1. 50 µL of Reaction Mix is required for each reaction (well).

Table 1.
Reaction Mixes

<table>
<thead>
<tr>
<th>Reagent</th>
<th>Standards, Controls, and Samples</th>
<th>Sample Blank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aldolase Assay Buffer</td>
<td>44 µL</td>
<td>46 µL</td>
</tr>
<tr>
<td>Aldolase Enzyme Mix</td>
<td>2 µL</td>
<td>2 µL</td>
</tr>
<tr>
<td>Aldolase Developer</td>
<td>2 µL</td>
<td>2 µL</td>
</tr>
<tr>
<td>Aldolase Substrate</td>
<td>2 µL</td>
<td>–</td>
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</table>

2. Add 50 µL of the appropriate Reaction Mix to each of the wells. Mix well using a horizontal shaker or by pipetting.

3. Measure the absorbance (A_{450}) in a microplate reader in kinetic mode for 10–60 minutes at 37 °C. Protect the plate from light during the incubation. It is recommended to take absorbance readings every minute.

Note: Incubation time depends on the activity of Aldolase in the samples.

4. Continue taking measurements until the value of the most active sample is greater than the value of the highest standard (12.5 nmole/well). At this time the most active sample is near or exceeds the end of the linear range of the standard curve.

Note: The NADH Standards can be read at the end of the incubation time.
Results

Calculations

Plot the absorbance ($A_{450}$) for each well versus time.

Correct for the background by subtracting the measurement obtained for the 0 (blank) NADH standard from that of the standards, controls, and samples. Background values can be significant and must be subtracted from all readings. Use the values obtained from the appropriate NADH Standards to plot a standard curve.

Note: A new standard curve must be set up each time the assay is run.

Choose two time points (T1 and T2) in the linear range of the plot and determine the $A_{450}$ at each time (ABS1 and ABS2).

Note: It is essential that ABS1 and ABS2 fall within the linear range of the standard curve.

Calculate the change in absorbance from T1 to T2 for the samples.

$$\Delta \text{ABS} = \text{ABS2} - \text{ABS1}$$

Subtract the Sample Blank $\Delta \text{ABS}$ value from the Sample $\Delta \text{ABS}$ reading to obtain the corrected measurement. Using the corrected measurement, determine the amount of NADH (nmole/well) generated by the Aldolase assay between T1 and T2 ($S_a$).

Aldolase activity:

$$\text{Aldolase Activity} = \frac{S_a}{(\text{Reaction Time}) \times S_v}$$

where:

$S_a =$ Amount of NADH (nmole) generated in unknown sample well between T1 and T2 from standard curve

Reaction Time = T2 – T1 (minutes)

$S_v =$ sample volume ($\mu$L) added to well

Aldolase activity is reported as

$$\text{nmole/min/\mu L} = \text{milliunit/\mu L}.$$ 

One unit of Aldolase is the amount of enzyme that generates 1.0 $\mu$mole of NADH per minute at pH 7.2 at 37 °C.

Sample Calculation:

Amount of NADH ($S_a$) = 5.84 nmole (from standard curve)

$$\text{(T1)} = 3 \text{ minutes}$$

$$\text{(T2)} = 32 \text{ minutes}$$

Sample volume ($S_v$) = 50 $\mu$L

Aldolase activity in sample well:

$$\text{nmole/min/\mu L} = \frac{5.84 \text{ nmole/well}}{(32 \text{ min} - 3 \text{ min}) \times 50 \text{ \mu L/well}} = 0.00403\text{ (milliunits/\mu L)}$$

One unit of Aldolase is the amount of enzyme required to generate 1.0 $\mu$mole of NADH per minute at pH 7.2 at 37 °C.

References

## Troubleshooting Guide

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<th>Possible Cause</th>
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<td>Cold assay buffer</td>
<td>Assay Buffer must be at room temperature</td>
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<td></td>
<td>Omission of step in procedure</td>
<td>Refer and follow Technical Bulletin precisely</td>
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<tr>
<td></td>
<td>Plate reader at incorrect wavelength</td>
<td>Check filter settings of instrument</td>
</tr>
<tr>
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<td>Type of 96 well plate used</td>
<td>For colorimetric assays, use clear plates</td>
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<tr>
<td></td>
<td>Samples prepared in different buffer</td>
<td>Use the Assay Buffer provided or refer to Technical Bulletin for instructions</td>
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<td>Cell/Tissue culture samples were incompletely homogenized</td>
<td>Repeat the sample homogenization, increasing the length and extent of homogenization step.</td>
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<td>Samples used after multiple freeze-thaw cycles</td>
<td>Aliquot and freeze samples if needed to use multiple times</td>
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<td></td>
<td>Presence of interfering substance in the sample</td>
<td>If possible, dilute sample further</td>
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<td>Use of old or inappropriately stored samples</td>
<td>Use fresh samples and store correctly until use</td>
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<td>Improperly thawed components</td>
<td>Thaw all components completely and mix gently before use</td>
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<td>Use of expired kit or improperly stored reagents</td>
<td>Check the expiration date and store the components appropriately</td>
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<td>Allowing the reagents to sit for extended times on ice</td>
<td>Prepare fresh Reaction Mixes before each use</td>
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<td>Incorrect incubation times or temperatures</td>
<td>Refer to Technical Bulletin and verify correct incubation times and temperatures</td>
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<td></td>
<td>Incorrect volumes used</td>
<td>Use calibrated pipettes and aliquot correctly</td>
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<tr>
<td>Lower/higher readings in samples and standards</td>
<td>Use of partially thawed components</td>
<td>Thaw and resuspend all components before preparing the Reaction Mixes</td>
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<td></td>
<td>Pipetting errors in preparation of standards</td>
<td>Avoid pipetting small volumes</td>
</tr>
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<td></td>
<td>Pipetting errors in the Reaction Mix</td>
<td>Prepare Reaction Mixes whenever possible</td>
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<td>Air bubbles formed in well</td>
<td>Pipette gently against the wall of the plate well</td>
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<tr>
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<td>Refer to the standard dilution instructions in the Technical Bulletin</td>
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<td>Check the equipment and filter settings</td>
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<tr>
<td></td>
<td>Samples contain interfering substances</td>
<td>If possible, dilute sample further</td>
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<tr>
<td></td>
<td>Sample readings above/below the linear range</td>
<td>Concentrate or dilute samples so readings are in the linear range</td>
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