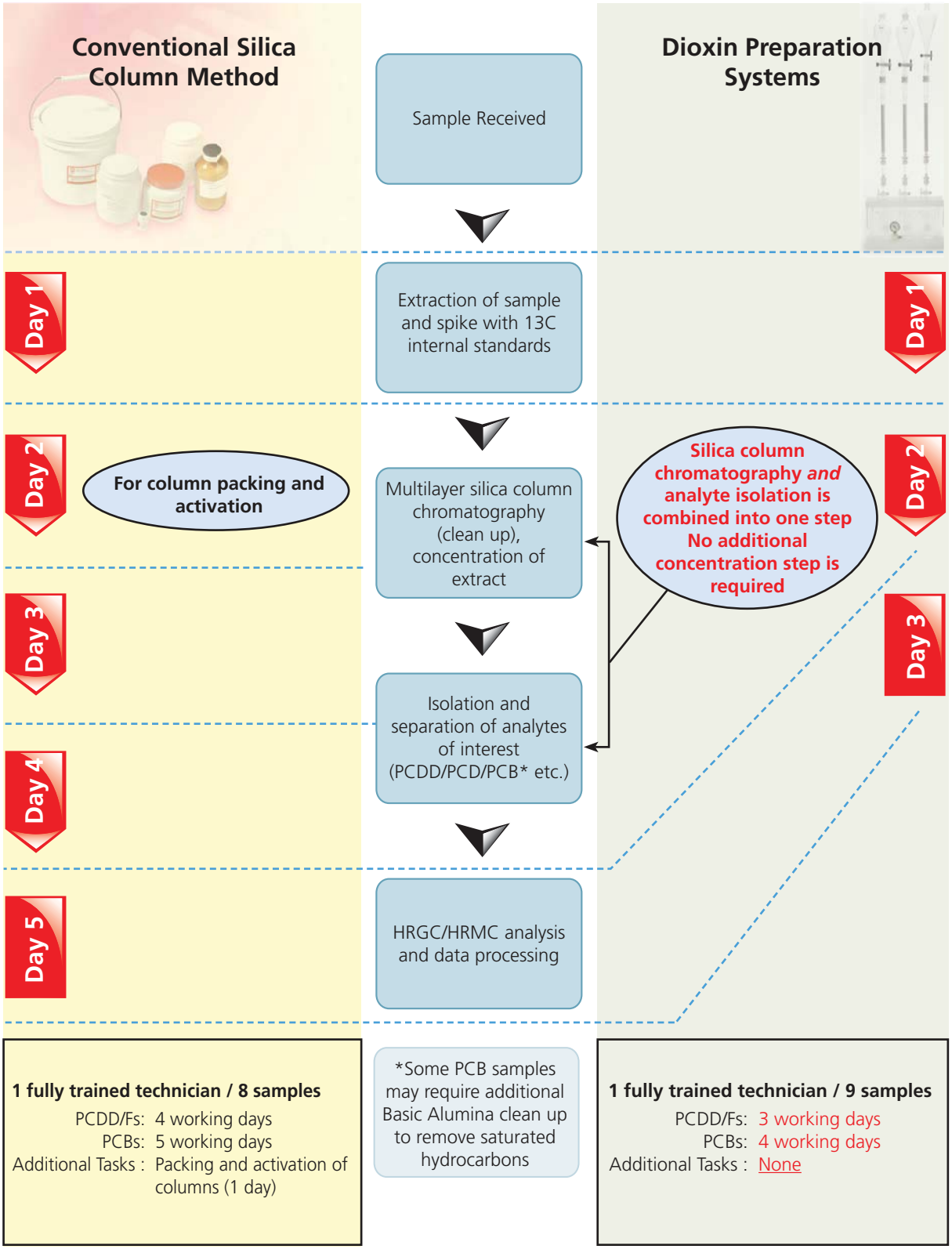Sample Preparation for Dioxin and PCB Analysis: Conventional vs. Supelco System